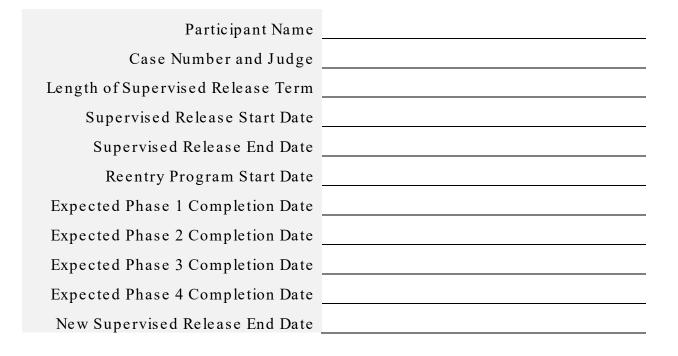
## UNITED STATES DISTRICT COURT NORTHERN OF CALIFORNIA

# REENTRY PROGRAM PHASES



## PHASE ONE: EARLY RECOVERY

#### GOALS:

Participant will abstain from drug and alcohol use, engage in treatment and stabilize in the appropriate level of treatment services. During this phase, the participant develops an understanding of addiction, patterns of use and factors that influence use. Participant develops early recovery tools and a foundation of support for recovery.

## GENERAL EXPECTATIONS:

- Participate in substance abuse treatment as directed, and attend all sessions;
- Complete a mental health screening, if deemed necessary, and participate in all mental health treatment as directed;
- Attend self-help meetings, (AA/NA/12 Step, etc.) 90 meetings in 90 days, or as directed;
- Submit verification of self-help attendance;
- Obtain a self-help sponsor, as directed;
- Begin a life skills, employment or education program as directed;
- Participate in a biweekly Reentry Court cognitive-behavioral group;

- Comply with all supervision conditions;
- Complete other goals as directed;
- Complete 45 days without a positive or unexcused missed test.

## MEETINGS/TESTING:

- Meetings with the probation officer as directed;
- Bimonthly court appearances;
- Submit to drug testing as directed.

## WRITTEN ASSIGNMENT:

• How has drug and/or alcohol use affected by life and what goals do I have for participation in the Reentry Court program?

# PHASE TWO: UNDERSTANDING AND TAKING RESPONSIBILITY

# GOALS:

Demonstrate a commitment to a life without substances. Begin to identify and understand adverse consequences of drug/alcohol use, and take responsibility for same. Become involved in a life skills, educational or employment program, or secure employment

# GENERAL EXPECTATIONS:

- Participate in substance abuse treatment as directed, and attend all sessions;
- Complete a mental health screening, if deemed necessary, and participate in all mental health treatment as directed;
- Attend self-help meetings, (AA/NA/12 Step, etc.) as needed;
- Continue to participate in a life skills, employment, or education program as needed;
- Participate in a biweekly Reentry Court cognitive-behavioral group;
- Comply with all supervision conditions;
- Complete other goals as directed;
- Complete 60 days without a positive or unexcused missed test.

## MEETINGS/TESTING:

- Meetings with the probation officer as directed;
- Bimonthly court appearances;
- Submit to drug testing as directed.

## WRITTEN ASSIGNMENT:

• How has my drug use affected the significant others in my life or the community?

# PHASE THREE: HEALTHY DECISION MAKING

## GOALS:

Develop a sober support network to rely upon in making life decisions and dealing with life stress. Complete life skills, employment or educational program. Secure employment/education as needed.

### GENERAL EXPECTATIONS:

- Participate in substance abuse treatment as directed, and attend all sessions;
- Complete a mental health screening, if deemed necessary, and participate in all mental health treatment as directed;
- Attend self-help meetings, (AA/NA/12 Step, etc.) as needed;
- Continue to participate in a life skills, employment, or education program as needed;
- Participate in a biweekly Reentry Court cognitive-behavioral group;
- Comply with all supervision conditions;
- Complete other goals as directed;
- Complete 90 days without a positive or unexcused missed test.

### MEETINGS/TESTING:

- Meetings with the probation officer as directed;
- Bimonthly or monthly court appearances;
- Submit to drug testing as directed.

#### WRITTEN ASSIGNMENT:

• What tools and skills have I developed to maintain my sobriety and how do I plan to use those tools to strengthen my recovery during supervision and beyond.

### PHASE FOUR: TRANSITION FROM COURT AND RELAPSE PREVENTION PLANNING

#### GOALS:

Develop a comprehensive relapse prevention plan and shore-up long-term recovery needs.

#### **GENERAL EXPECTATIONS:**

- Participate in substance abuse treatment as directed, and attend all sessions;
- Complete a mental health screening, if deemed necessary, and participate in all mental health treatment as directed;
- Attend self-help meetings, (AA/NA/12 Step, etc.) as needed;

- Continue to participate in a life skills, employment, or education program as needed;
- Participate in a biweekly Reentry Court cognitive-behavioral group;
- Comply with all supervision conditions;
- Complete other goals as directed;
- Complete a replace prevention plan;
- Complete a Reentry Court exit interview;
- Complete 8 months without a positive or unexcused missed test.

## MEETINGS/TESTING:

- Meetings with the probation officer as directed;
- Bimonthly or monthly court appearances;
- Submit to drug testing as directed.

## WRITTEN ASSIGNMENT:

• In collaboration with treatment providers complete and submit an approved comprehensive relapse prevention plan.